

# Long Range Transportation Plan (LRTP) 2025 Mobility Implementation Plan miPLAN - Phase I Walking and Bicycling - Key Research Findings

miPLAN intends to detail the manner in which identified desires for seamless mobility options in our region can most likely be attained. Mobility options include, but are not necessarily limited to, automobiles, shared rides, public transit, bicycling, and walking. Primary research conducted in Phase I revealed that area residents, students, and workers walk and bike to their destinations quite frequently:

- 60% of MTD riders who ride campus routes walk to a destination five or more days a week
- 15% of MTD riders who ride campus routes had biked during the week prior to the survey
- 49% of students who live on campus walk as their primary mobility mode
- In Champaign, 8% of employees surveyed walked or biked to work
- In Urbana, 17% of employees surveyed walked or biked to work
- In Savoy, 1% of employees surveyed walked or biked to work
- More than half of employees surveyed occasionally ride a bicycle for recreation, errands, or commuting

More importantly, perhaps, the data identified steps that can be taken to encourage even greater frequency of walking and biking. This is important because when individuals can access their destination(s) in multimodal ways, opportunities increase and expenses decline. Furthermore, documented health benefits accrue from increased biking and walking. It is, therefore, worthwhile to do what is possible to facilitate more frequent use of these modes. Following are some of the factors respondents said may increase such usage:

## *Biking*

- More bicycle paths to enable bike riders to avoid traffic; a network of bike paths and lanes
- Greater safety on existing bicycle paths (protection from pedestrians and other cyclists)
- Greater availability of bicycle racks/shelters
- Guaranteed ride home program

## *Walking*

- Clearing of sidewalks in winter
- Improved safety in regards to other people and traffic
- Opportunities to live closer to work or school (less distance between origin and destination)
- Guaranteed ride home program

Complete research results can be found at [ihavemiplan.com](http://ihavemiplan.com).